

Event endorsed by



EACVI
European Association of
Cardiovascular Imaging



Πανεπιστήμιο Κύπρου
University of Cyprus



6th STRESS ECHO COURSE



20-22
November,
2025
Athens,
Greece

The theoretical part of
the course will be held at
Athens Medical Center 5-7
Distomou str Amarousion

SCIENTIFIC PROGRAM



**ATHENS
MEDICAL
GROUP**

Echocardiology
Dpt of Athens
Medical Center



Echo Lab of the General
Hospital of Athens
Korgialenio Benakio -
Hellenic Red Cross



6th STRESS ECHO COURSE

Scientific Program

Thursday 20.11.2025

13.00-14.15 **Stress echo procedure**

13.00-13.15 Indications and contra-indications for stress echo **(K. Papadopoulos)**

13.15-13.30 Before stress echo **(N. Kadoglou)**

- Lab set-up and medication used
- Informed consent
- Patient's preparation
- Safety measures

13.30-13.45 During stress echo **(K. Papadopoulos)**

- Protocols of stress echo:
 - A. Pharmaceutical stress echo
 - B. Exercise stress echo
- Image acquisition and analysis

13.45-14.15 After stress echo **(S. Karagiannis)**

- Criteria for protocol completion
- Potential complications and their management
- Patient's care and information
- Report

14.15-14.30 **Coffee break**

14.30-15.15 **Application of novel imaging techniques in stress echo**

14.30-14.45 Contrast agents **(N. Kadoglou)**

14.45-15.00 Speckle Tracking & 3D **(K. Papadopoulos)**

15.00-15.15 ABCDE Stress Echo Protocol **(S. Karagiannis)**



20-22 November 2025

Athens, Greece

15.15-16.15

Stress echo and coronary artery disease

15.15-15.35

Chronic Coronary artery disease -Diagnosis **(K. Papadopoulos)**

15.35-15.55

Viability study and pitfalls in special conditions
(LBBB, microvascular disease etc) **(S. Karagiannis)**

15.55-16.15

Stress echo for risk stratification,
patient's prognosis and pre-operative evaluation **(N. Kadoglou)**

16.15-16.30

Coffee break

16.30-19.00

Computer hands-on

Friday 21.11.2025

09.00-14.00

Echo lab hands-on

14.00-15.00

Light Lunch

15.00-16.05

Stress Echo in valvular diseases

15.00-15.10

Mitral Stenosis **(N. Kadoglou)**

15.10-15.30

Mitral regurgitation **(N. Kadoglou)**

15.30-15.50

Aortic stenosis **(S. Karagiannis)**

15.50-16.05

Mixed valvulopathies **(K. Papadopoulos)**

16.05-16.20

Coffee break

16.20-19.00

Computer hands-on



6th STRESS ECHO COURSE

Saturday 22.11.2025

09.00-14.00 **Echo lab hands-on**

14.00-15.00 **Light Lunch**

15.00-16.00 **Stress Echo in heart failure and cardiomyopathies**

15.00-15.20 Ischemic heart failure **(K. Papadopoulos)**

15.20-15.40 Non-ischemic heart failure-Cardiomyopathies **(S. Karagiannis)**

15.40-16.00 Pulmonary hypertension, unexplained dyspnea **(N. Kadoglou)**

16.00-16.15 **Coffee break**

16.15-18.15 **Computer hands-on**

18.15-19.15 **Exam test and results discussion**

(Interactive session with comments, conclusions and summarized take home messages)