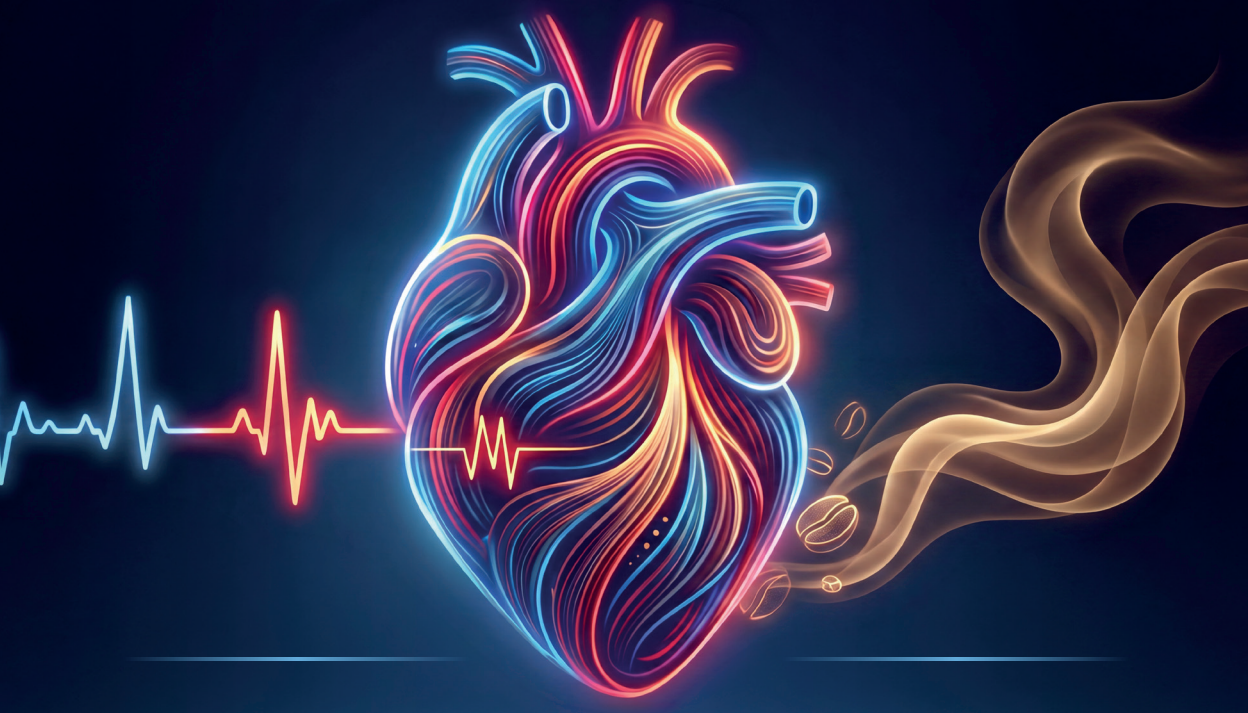
PANHELLENIC SCIENTIFIC MEETING

CARDIO BEANS

SCIENTIFIC PROGRAMME

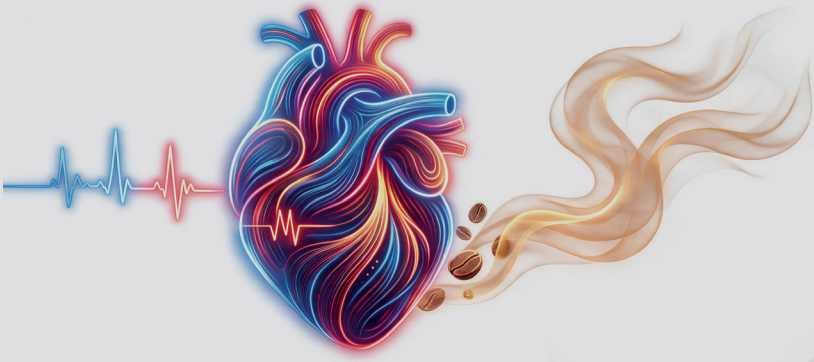
26-28 NOVEMBER



2026

THESSALONIKI | THE MET HOTEL

2026



PRESIDENT'S GREETING

CardioBeans 2026: Less Passive Listening, More Interaction!

Over the years, the **Panhellenic Hybrid CardioBeans Event** has established itself as one of the most innovative educational meetings in cardiovascular medicine, combining cutting-edge scientific knowledge with active participation and, above all, meaningful interaction between participants and experts.

This year's meeting will take place on **26–28 November 2026 at The MET Hotel in Thessaloniki,** bringing together cardiologists, healthcare professionals, and medical students for three days of interactive learning and scientific exchange.

The highly successful **CardioBeans Masterclasses** will return, covering cardiovascular prevention, heart failure, structural heart disease, interventional cardiology, pulmonary hypertension, cardiomyopathies, and amyloidosis.

Our popular **Advisory Board–style workshops** will also continue. With limited participation and no live streaming, these sessions provide an ideal environment for open discussion, active engagement, and the exchange of clinical experience. Topics will include cardiomyopathies, cardiovascular prevention, obesity, pulmonary hypertension, and echocardiography.

PANHELLENIC HYBRID SCIENTIFIC MEETING

CARDIO BEANS

26-28 NOVEMBER

THESSALONIKI | THE MET HOTEL

New this year: Ask the Experts!

An open, interactive forum where participants can ask experts anything, share challenging clinical cases, raise questions, and discuss real-world dilemmas encountered in everyday cardiovascular practice.

We are also introducing the **Cardiorenal-Metabolic Quiz,** an engaging educational challenge combining scientific knowledge with clinical scenarios, designed to test and expand participants' expertise in cardiorenal-metabolic medicine.

And, of course, we have not forgotten our medical students! The highly successful **ECG Quiz** returns, bringing together education, teamwork, and friendly competition.

CardioBeans continues to evolve while staying true to its core philosophy: less passive listening, more participation, more discussion, and more meaningful education.

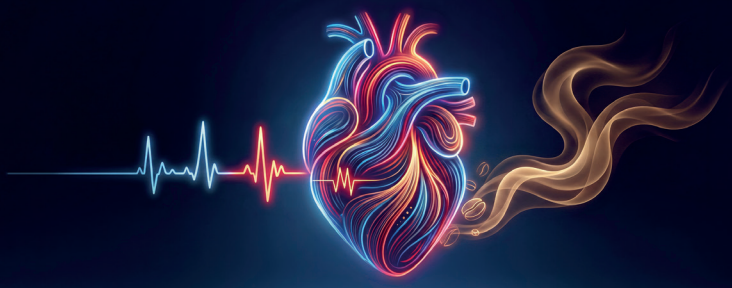
We look forward to welcoming you to Thessaloniki for CardioBeans 2026!

Kind regards,

GEORGE GIANNAKOULAS

President of the Organizing Committee
Professor of Cardiology and Adult Congenital Heart Disease
Aristotle University of Thessaloniki,
AHEPA Hospital, Cardiology Unit
Thessaloniki, Greece





THURSDAY 26/11/2026

Meet the Experts

WORKSHOPS

Room 1

10:00 – 11:30

Workshop: CARDIOMYOPATHIES – AMYLOIDOSIS

Facilitators: T. Gossios - P. Rouskas

11:30 - 12:00

Break

12:00 - 13:30

Workshop: PULMONARY HYPERTENSION – CONGENITAL HEART DISEASE

Facilitators: A. Arvanitaki - T. Chrysochoidis-Trantas - S. Mouratoglou

13:30 - 14:00

Break

14:00 - 15:30

Workshop: CARDIOVASCULAR PREVENTION

Facilitators: D. Patoulias - E. Karagiannidis

15:30 - 16:00

Break

16:00 - 17:30

Workshop: OBESITY

Facilitators: T. Koufakis - A. Sachinidis

THURSDAY 26/11/2026

Meet the Experts

WORKSHOPS

Room 2

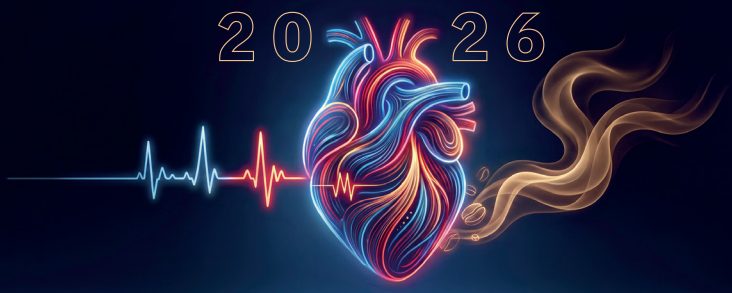
12:00 - 13:30
Workshop: CLINICAL TRIALS
Facilitators: G. Giannakoulas - P. Rouskas - H. Dimitroula

13:30 - 14:00
Break

14:00 - 15:30
Echocardiography Workshop: Which Patients Should I Refer for Transcatheter Mitral/Tricuspid Valve Intervention? Echo Criteria
Facilitators: V. Kamperidis - N. Zois

15:30 - 16:00
Break

16:00 - 17:30
Cardiology for Non-Cardiologists: From Clinical Questions to Practical Decisions
Facilitators: E. Karagiannidis - A. Arvanitaki - A. Apostolopoulou



THURSDAY 26/11/2026

Main Hall

16:00 – 17:00

Cardio Challenge: Medical Students Edition

Facilitators: E. Karagiannidis - M. Didagelos- M. Bantidos

17:00 – 18:30

CARDIOBEANS MASTERCLASS
Acute Cardiovascular Care: Decisions That Cannot Wait

Moderators: V. Fyntanidou - E. Karagiannidis

Can We Bring the Lab to the Bedside? Point-of-Care Biomarkers in Acute Cardiac Care, **S.Ch. Zagalioti**
Discussant: **I. Ventoulis**

Tachyarrhythmias in Acute Care: Choosing the Right Drug at the Right Time, **S.F. Papadopoulos**
Discussant: **K. Triantafyllou**

Acute Pulmonary Embolism: Anticoagulate, Lyse or Intervene? **A. Arvanitaki**
Discussant: **I. Galitsianos**

Shock and Congestion: When to Fill, When to Drain, **V. Bistola**
Discussant: **F. Dimitriadis**

Targeted Temperature Management After Cardiac Arrest: How Cool Should We Be? **M. Pertsikapa**
Discussant: **I. Alevroudis**

Beyond the Emergency: Turning an ED Visit into an Opportunity for Prevention, **A. Apostolopoulou**
Discussant: E. Tourtouras

THURSDAY 26/11/2026

Main Hall

18:30 – 19:00

SATELLITE LECTURE (ROCHE DIAGNOSTICS) **Page 16**

19:00 – 19:30

SATELLITE LECTURE (SANDOZ) **Page 16**

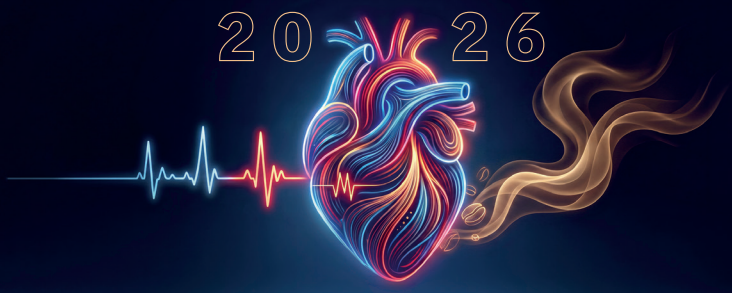
19:30 – 20:30

CARDIOBEANS QUEENS

Moderator: G. Giannakoulas
A. Dagre, L. Mantziari, A.D. Mavrogianni, E. Sbarouni

CARDIOBEANS QUEENS

Voice of the Young: **M. Meletidou, A. Nikolaidou**



FRIDAY 27/11/2026

Main Hall

09:00 – 10:30

CARDIOBEANS MASTERCLASS - BRING YOUR CASE

Moderators: G. Giamouzis - T. Karamitsos - D. Farmakis

- Karditsa General Hospital - **K. Tsatiris**
- Kozani General Hospital - **C. Gogos**
- Katerini General Hospital - **G. Spyromitros**
- Arta General Hospital - **N. Zois**
- University Hospital of Heraklion - **V. Papakosta**
- AHEPA University Hospital, Thessaloniki - **S.M. Angelopoulou**
- Health Centre of Evosmos, Thessaloniki - **M. Sotiriadou**

10:30 – 11:00

Coffee Break

11:00 – 12:30

CARDIOBEANS MASTERCLASS: SEE - THINK - DECIDE
Cardiac Imaging Cases Through the Experts' Eyes

Moderators: G. Giannakoulas - V. Sachpekidis

Panel: T. Zegkos, D. Parcharidou, S. Evangelou

The Echocardiographer's Eye: **V. Sachpekidis**

The Cardiac Radiologist's Eye: **A. Kallifatidis**

FRIDAY 27/11/2026

Main Hall

12:30 – 13:10

SATELLITE LECTURE (MSD) Page 17

13:10 – 14:30

CARDIOBEANS MASTERCLASS: ASK THE EXPERTS
Pulmonary Hypertension

Panel: A. Anthi, G. Giannakoulas, E. Demerouti, F. Frantzeskaki, P. Karyofyllis, A. Manginas, I. Mitrouska, G. Pitsiou, I. Tsangaris

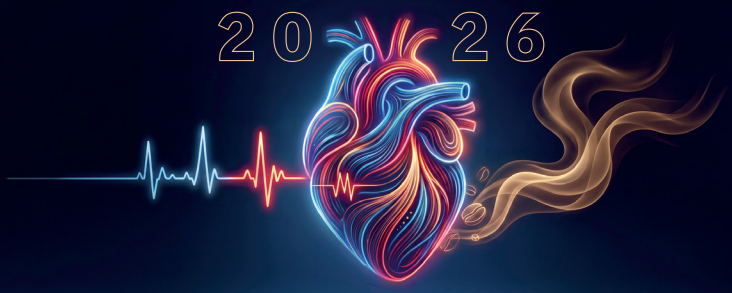
- Pulmonary arterial hypertension in 2026 and beyond: Does sotatercept change everything?
- PAH in patients with cardiovascular and pulmonary comorbidities
- Group 2 PH in HFpEF: Therapeutic hope or hype?
- Pulmonary hypertension associated with interstitial lung disease: What is the cardiologist's role?

14:30 – 15:00

SATELLITE LECTURE (VIANEX) Page 17

15:00 – 15:30

Lunch Break



FRIDAY 27/11/2026

Main Hall

15:30 – 17:00

CARDIOBEANS MASTERCLASS - THE CHALLENGING HEART FAILURE PATIENT: A Multidisciplinary Perspective

Moderators: G. Filippatos - G. Giannopoulos - G. Chalikias

Panel: D. Konstantinou, E. Theofilogiannakos

RAS Inhibitors After Dialysis Initiation: Continue or Discontinue?
CASE PRESENTER: **E. Baltagianni**
Discussant: **I. Stavrati**

When Rhythm Matters: Heart Failure & Arrhythmias
CASE PRESENTER: **P. Karakasis**
Discussant: **A. Antoniadis**

When Cardiotoxicity Strikes: Stop, Pause or Continue Cancer Therapy?
CASE PRESENTER: **S. Daios**
Discussant: **K. Keramida**

When the Valve Becomes the Problem: Heart Failure & Structural Disease
CASE PRESENTER: **C. Mantzios**
Discussant: **V. Kamperidis**

When Heart Failure Advances: Recognizing the Turning Point
CASE PRESENTER: **F. Dimitriadis**
Discussant: **C. Kapelios**

10:30 – 11:00

Coffee Break

17:30 – 18:00

SATELLITE LECTURE (WINMEDICA) **Page 18**

FRIDAY 27/11/2026

Main Hall

18:00 – 18:30

SATELLITE LECTURE (PHARMASERVE - LILLY) Page 18

18:30 – 20:00

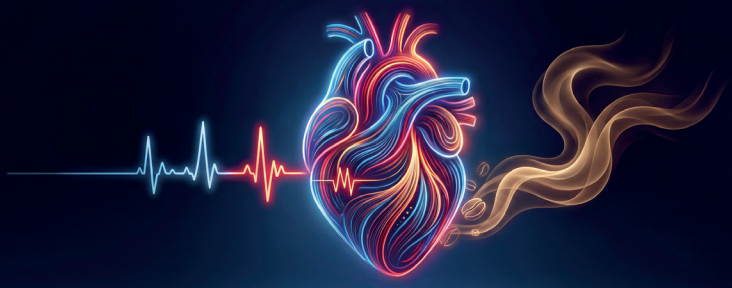
CARDIOBEANS MASTERCLASS - ASK THE EXPERTS
Who Wants to Be a Cardio-Renal-Metabolic Expert? (QUIZ)

Moderators: N. Fragakis - C. Papadopoulos - D. Patoulias

TEAMS
Cardiology Clinic, AHEPA Hospital
Nephrology Clinic AHEPA
Internal Medicine Clinic, AHEPA Hospital
Cardiology Clinic, Hippokration Hospital of Thessaloniki
Internal Medicine Clinic I, Hippokration Hospital of Thessaloniki
Internal Medicine Clinic II, Hippokration Hospital of Thessaloniki
Cardiology Clinic, Papanikolaou Hospital
Cardiology Clinic, Papageorgiou Hospital
Cardiology Clinic, General Hospital of Katerini
Cardiology Clinic, Gennimatas Hospital of Thessaloniki
Cardiology Clinic, 424 Military Hospital of Thessaloniki

20:00

CARDIOBEANS CHALLENGE



SATURDAY 28/11/2026

Main Hall

09:00 – 10:00

CARDIOBEANS MASTERCLASS
Artificial Intelligence for the Busy Cardiologist: Work Smarter, Learn Faster

Moderators: **G. Giannakoulas - V. Vassilikos**

Presentation: **A. Samaras**

Panel: **K. Bakogiannis - G. Papadopoulos - M.G. Bantidos**

10:00 – 11:30

CARDIOBEANS MASTERCLASS
Cardiovascular Prevention 2026: Fresh Evidence Meets Experience

Moderators: **M. Doumas - I. Ikonomidis**

Panel: **N. Papadopoulos - G. Ntaios**

Hypertension 2026: New Targets, New Drugs, New Strategies
New Evidence: **E. Kypirtidou** | Expert Perspective: **E. Gkaliagkousi**

From LDL-C to Lp(a) and Beyond: What's New?
New Evidence: **P. Gourgiotis** | Expert Perspective: **A. Milkas**

Stroke Prevention in AF: Drugs, Devices and the Changing Evidence
New Evidence: **P. Karakasis** | Expert Perspective: **A. Kontogeorgis**

Exercise: Can You Have Too Much of a Good Thing?
New Evidence: **G. Dividis** | Expert Perspective: **E. Pagourelias**

Inflammation and Cardiovascular Risk: Is It Time to Treat the Fire?
New Evidence: **E. Stavropoulou** | Expert Perspective: **E. Tsougos**

11:30 – 12:00

SATELLITE LECTURE (MENARINI) **Page 19**

SATURDAY 28/11/2026

Main Hall

12:00 – 12:30

Coffee Break

12:30 – 14:00

CARDIOBEANS MASTERCLASS
The New Frontiers of Cardiovascular Prevention
Moderators: **M. Marketou - C. Chrysohoou**
Panel: **P. Rouskas, S. Evaggelou, P. Anyfanti**

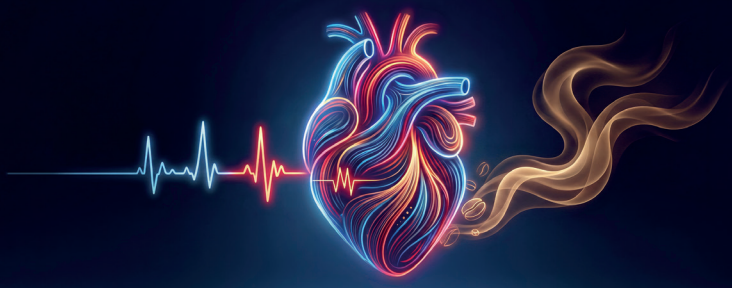
- **DEBATE I**
  Internal Medicine Clinic I, Hippokration Hospital of Thessaloniki
  PRO: **C. Antza**
  CON: **H. Dimitroula**
- **DEBATE II**
  Imaging Beats Risk Scores in Primary Prevention
  PRO: **T. Zaglavara**
  CON: **K. Kalatzi**
- **SPOTLIGHT**
  Cardiovascular Prevention 2.0: Beyond Traditional Risk Factors
  C. Chrysohoou - M. Marketou

14:00 – 14:30

SATELLITE LECTURE (PFIZER) **Page 19**

14:30 – 15:30

Lunch Break – E-POSTER PRESENTATIONS



SATURDAY 28/11/2026

Main Hall

15:30 – 17:00

CARDIOBEANS MASTERCLASS: CORONARY INTERVENTIONS

Moderators: **I. Zarifis - G. Kassimis - V. Tzalamouras**

- CASE 1: **S. Mitsiadis** | Discussant: **G. Kassimis**
- CASE 2: **N. Stalikas** | Discussant: **A.D. Mavrogianni**
- CASE 3: **M. Meletidou** | Discussant: **St. Tzikas**
- CASE 4: **G. Papadopoulos** | Discussant: **G. Bobotis**
- CASE 5: **S. Sidiropoulos** | Discussant: **C. Papadopoulos**
- CASE 6: **D. Zioutas** | Discussant: **C. Arampatzis**

17:00 – 18:00

CARDIOBEANS MASTERCLASS: STRUCTURAL HEART DISEASE

Moderators: **A. Ziakas, V. Ninios, K. Toutouzas**

- M-TEER case: **V. Leontiadis**
- T-TEER case: **E. Ninios**

18:00 – 18:15

Coffee Break

SATURDAY 28/11/2026

Main Hall

18:15 – 19:00

CARDIOBEANS ASK THE EXPERTS -
CARDIOMYOPATHIES & AMYLOIDOSIS
The Questions You Always Wanted to Ask

Panel: **D. Parcharidou - E. Pagourelias - T. Gossios - T. Zegkos**

19:00 – 19:30

STATE-OF-THE-ART LECTURE

Chairs: **M. Gatzoulis - K. Toutouzas**

Training the Next Generation of ACHD Interventionalists, **M. Brida**

19:30 – 20:15

CARDIOBEANS INNOVATION -
From Ideas to Impact: Cardiology Meets Entrepreneurship

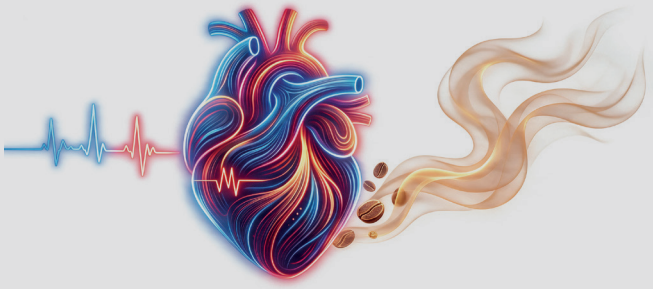
Moderators: **G. Giannakoulas - A. Kotsanis**

Panel: **P. Stafylas, V. Sachpekidis, K. Michailidis, D. Zioutas**

Speakers: **T. Voloyiannis, N. Papapetrou**

20:15

CLOSING CEREMONY AND ANNOUNCEMENT OF AWARDS



THURSDAY 26/11/2026

Satellite Lectures

Main Hall

18:30 – 19:00

SATELLITE LECTURE ROCHE DIAGNOSTICS
Redefining Cardiac Care with Next-Generation Troponins

Roche

Chair: **G. Giannakoulas**

hs-TnT Beyond the Emergency Department: A Clinical Dialogue
G. Giannakoulas – S. Karagiannidis

19:00 – 19:30

SATELLITE LECTURE SANDOZ

SANDOZ

Chair: **D. Farmakis**

Value Beyond Efficacy: The Role of Generic DOACs in Sustainable Cardiovascular Care
P. Stafylas

FRIDAY 27/11/2026

Satellite Lectures

Main Hall

12:30 – 13:10

SATELLITE LECTURE MSD
Contemporary Approaches to the Management of Pulmonary Arterial Hypertension (PAH)

Chair: P. Karyofyllis

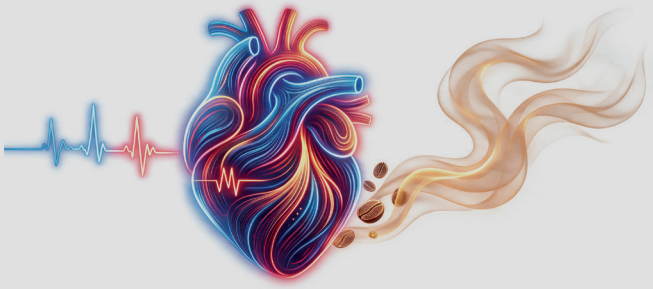
- The Importance of Regular Monitoring of Patients with PAH and Timely Intervention (10 min)
  P. Karyofyllis
- Activin Signaling Inhibitors in Clinical Practice (30 min)
  C. Feloukidis

14:30 – 15:00

SATELLITE LECTURE VIANEX

Chair: **I. Tsagaris**

- Pulmonary Arterial Hypertension: Strategic Management and a Therapeutic Algorithm in Clinical Practice
  F. Frantzeskaki



FRIDAY 27/11/2026

Satellite Lectures

Main Hall

17:30 – 18:00

SATELLITE LECTURE WINMEDICA
Redefining Cardiac Care with Next-Generation Troponins

WinMedica

Chair: **G. Giamouzis**

IV Torasemide: Clinical Decisions from Acute Decongestion to Continuity of Oral Therapy
C. Papadopoulos

18:00 – 18:30

SATELLITE LECTURE PHARMASERVE-LILLY

Lilly ΦΑΡΜΑΣΕΡΒ

Chair: **G. Giannakoulas**

From Weight Loss to Cardiometabolic Health: What Changes with Tirzepatide?
I. Zografou

SATURDAY 28/11/2026

Satellite Lectures

Main Hall

11:30 – 12:00

SATELLITE LECTURE MENARINI
Contemporary Approaches to the Management of Pulmonary Arterial Hypertension (PAH)

Menarini Hellas

Chair: **G. Giannakoulas**

The Challenge of Achieving LDL-C Treatment Goals: The Pivotal Role of Statin/Ezetimibe Combination Therapy
E. Karagiannidis

14:00 – 14:30

SATELLITE LECTURE PFIZER

Pfizer

Chair: **G. Giannakoulas**

RSV Prevention Strategy: The Role of the Bivalent RSVPreF Vaccine
A. Kollias

GENERAL INFORMATION

DATES

26–28 NOVEMBER 2026

VENUE

The MET Hotel, Thessaloniki, Greece
Address: 48, 26th Oktovriou Street,
546 27 Thessaloniki, Greece
Phone: +30 2310 017 000
E-mail: themethotel@chandris.gr

REGISTRATION / PARTICIPATION

To complete your registration for the Conference, please visit www.cardiobeans.com and fill in the online registration form.

By completing the registration form, you will receive an email at the address you provided, containing your **digital confirmation (electronic badge)** for physical attendance, as well as the link to access the online platform for virtual participation.

You may save the registration confirmation email on your mobile device (Apple Wallet and Android app storage options are available) or print it out. The confirmation must be presented upon entry to the venue and scanned upon entering the conference hall.

CERTIFICATE OF ATTENDANCE

24 European Continuing Medical Education Credits (ECMECs) will be awarded by the Panhellenic Medical Association (PMA).

To receive the Certificate of Attendance, participants must attend at least **60% of the Scientific Programme hours.**

Attendance at the Scientific Programme is a prerequisite for the award of CME credits, in accordance with the guidelines of the Panhellenic Medical Association (PMA) and the National Organization for Medicines (EOF). Satellite symposia sponsored by pharmaceutical companies, as well as breaks, are excluded from the calculation of eligible attendance hours.

AUDIOVISUAL EQUIPMENT – TECHNICAL SECRETARIAT

A technical secretariat will be available throughout the Seminar. Speakers are kindly requested to submit their presentation materials to the technical secretariat at least one hour before their scheduled presentation.

SCIENTIFIC ORGANISER

Καρδιολογικό Ινστιτούτο Καινοτομίας & Εκπαίδευσης

ORGANISATION / SECRETARIAT

eventure EVENT PLANNING & EDUCATION

Kolokotroni 11, 142 32 Nea Ionia,
Tel. 216 070 2929
info@eventure.gr I www.eventure.gr

Certification